

# ROTAGRAM WHITTIER ROTARY

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WhittierRotary.org

Rotary.org



## DID YOU KNOW?

Rotarians of Nairobi, Kenya, promoted healthy sleep by delivering bed kits for 8,000 school children.

## UPCOMING

Thursday, Dec 12, 6 pm  
Rotary Holiday Party at  
19seventy, Lascari's  
Italian Restaurant

Friday, Dec 20, 12:10  
Rotary wraps up 2024  
Original Roadhouse Grill

Friday, Jan 3, 12:10  
Rotary kicks off 2025  
Original Roadhouse Grill

## BIRTHDAYS

Owen Newcomer,  
Feb 13

Damoun Rezai, Feb 16

Jeff Nickell, March 17

Erica Blair, March 21

Delia Morales, March 23

Marci Ellison, March 30

## TODAY

Nicole Sixx inspired Rotarians today with her "Journey to Mental Health."

Nicole's mother had schizophrenia and Nicole has bipolar. She grew up in foster homes and experienced severe depression. Help came via the judicial system and a women's well-being organization.

Now, Nicole is a published author and a catering firm manager. Proper medication was the key to enabling Nicole to be herself & enjoy life.

## 81 YEARS AGO

1943 Dec 6 *Rotogram* heralded a now-bygone Rotary tradition: Banquet & Ladies' Night. Rotary Anns were welcomed.

What, you ask, was a Rotary Ann? Being a men's only club until 1987, female partners of club members were known as Rotary Anns.

The night featured music and dinner at the William Penn Hotel. Our club met at the hotel until it burned down in 1979. Brookdale Uptown Whittier Senior Living was built on the spot.